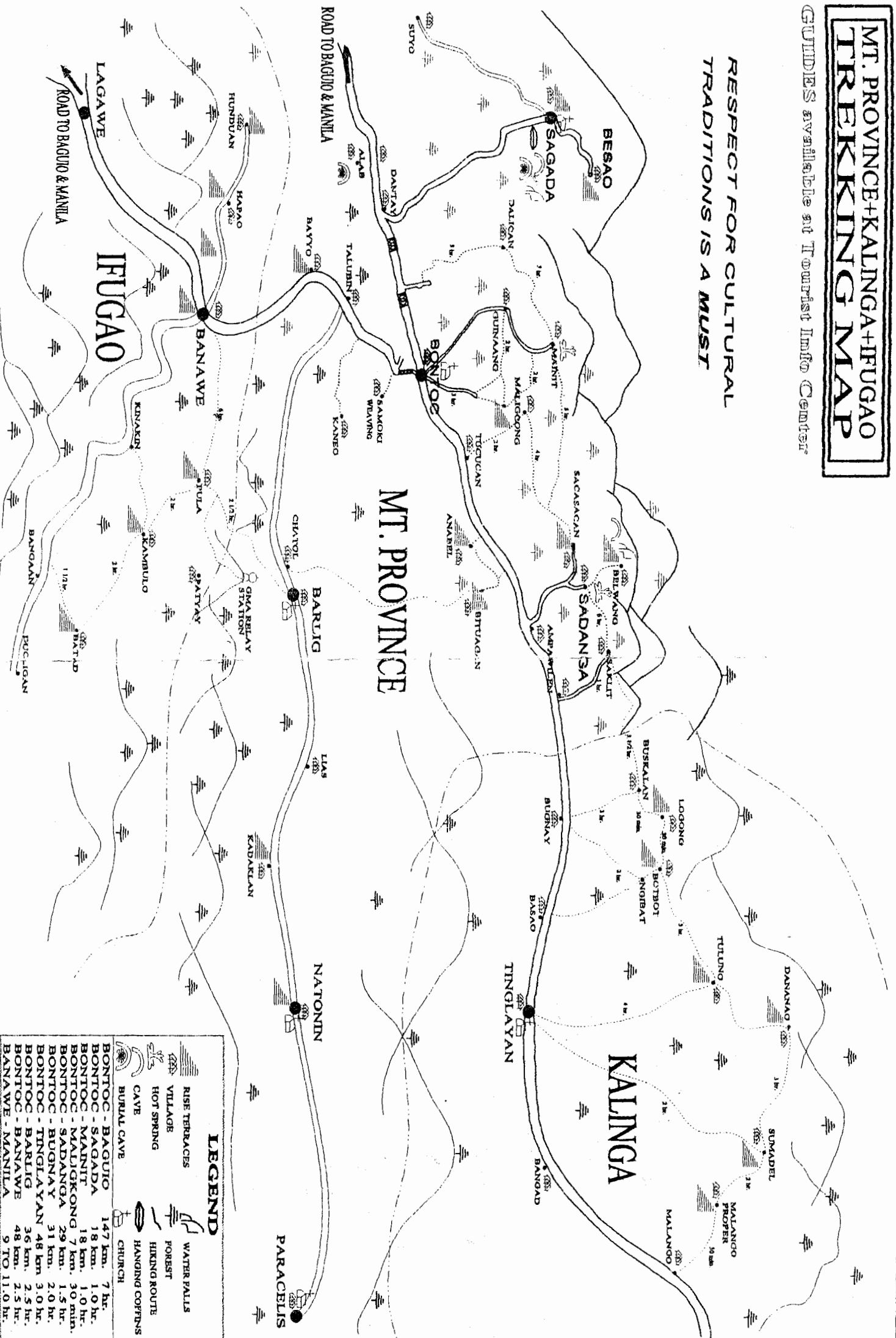


# MT. PROVINCE+KALINGA+IFUGAO TREKKING MAP

GUIDES available at Tourist Info Center

RESPECT FOR CULTURAL  
TRADITIONS IS A MUST



LEGEND	
	WATER FALLS
	FOREST
	HIDING ROUTE
	HANGING COFFINS
	CHURCH
	BONTOC - BAGUIDAO
	BONTOC - SAGADA
	BONTOC - MAINIT
	BONTOC - MALIGKONG
	BONTOC - SADANGA
	BONTOC - BUGANAY
	BONTOC - TINGLAYAN
	BONTOC - BARLIG
	BONTOC - BANAUWE
	BANAUWE - MANILA
	147 km. 7 hr.
	18 km. 1.0 hr.
	18 km. 1.0 hr.
	7 km. 30 min.
	29 km. 1.5 hr.
	31 km. 2.0 hr.
	48 km. 3.0 hr.
	36 km. 2.5 hr.
	48 km. 2.5 hr.
	9 TO 11.0 hr.